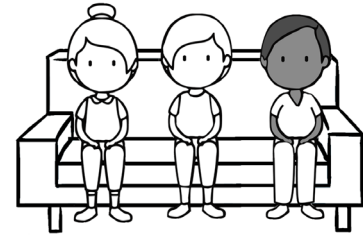


## SOFAA-P | SURVEY OF FOOD ALLERGY ANXIETY PARENT REPORT



Directions:

**FOR THE LAST WEEK ONLY**, circle the number next to each statement that best describes your child.

### Even if there are safe foods available, my child...

	Never	Almost Never	Sometimes	Often	Almost Always
1. Avoids eating the food in NEW restaurants.	0	1	2	3	4
2. Avoids eating the food in FAMILIAR restaurants.	0	1	2	3	4
3. Avoids being touched by others because of fears of having an allergic reaction.	0	1	2	3	4
4. Avoids eating at parties or social gatherings at other people's homes.	0	1	2	3	4
5. Avoids eating at the regular lunch table at school or camp.	0	1	2	3	4
6. Avoids eating foods at school or camp that they did not bring from home.	0	1	2	3	4
7. Avoids eating at school or camp even if they brought the food from home.	0	1	2	3	4
8. Avoids eating when they are with an adult who is not their parent, for example with a relative or at a friend's house.	0	1	2	3	4
9. Avoids smelling the foods they are allergic to.	0	1	2	3	4
10. Avoids touching safe foods because of fears of having an allergic reaction.	0	1	2	3	4
11. Avoids allowing an allergy food to touch their body, because they believe it will cause a serious allergic reaction.	0	1	2	3	4
12. Avoids sitting near someone they believe is eating food containing allergens.	0	1	2	3	4
13. Avoids eating safe foods that were stored near foods that they are allergic to.	0	1	2	3	4
14. Frequently spits out food because they believe it contains allergens.	0	1	2	3	4
15. Washes their hands too much in order to avoid food allergens.	0	1	2	3	4
16. Refuses to try new foods, even if I say the foods are safe to eat.	0	1	2	3	4
17. Visits the nurse too much due to fears of having an allergic reaction to food.	0	1	2	3	4
18. Frequently checks or asks me to check their mouth or body to make sure that they are not having an allergic reaction to food.	0	1	2	3	4
19. Over-checks labels of foods.	0	1	2	3	4
20. Asks me too many times whether a food is safe for them to eat.	0	1	2	3	4
21. Avoids touching everyday objects like doorknobs, phones, or clean surfaces due to fears of having a food allergy reaction.	0	1	2	3	4