

## Asthma Educational Information

Scan the QR codes below with your phone for more information,  
please ask for paper copies if you would prefer

What is Asthma?



Triggers of Asthma Flares



Using a Spacer with Facemask  
(younger children)



Using a Spacer with Mouthpiece  
(older children)



Video: Spacer with Facemask



Video: Spacer with Mouthpiece



All Asthma Educational Videos

