

Tips for _____ Care

I communicate best using (verbal or written communication):

Before approaching me please (ie tell me what you are doing, introduce yourself, make eye contact, etc):

When I am upset I might:

Things that make me upset:

If I appear upset please:

These are just a few of my favorite things:

EXAMPLE:

Tips for Sally's Care

I communicate best using: sign language and my IPAD.
(Other examples: writing down words, pointing, verbal discussion, simple commands)

Before approaching me please: introduce yourself and explain or demonstrate what will be done; for example, my blood pressure. Please limit loud noise.
(Other examples: limit the number of people in the room at a time, keep the lights low)

When I am upset I might: scream, thrash, or pull away.
(Other examples: biting, throwing objects, or running away)

Things that might make me upset: loud sudden noises, not being given preparation about my plan of care, interruption during meals.

If I appear upset please: try and redirect my attention with my favorite activities, such as my computer or play Blue's Clues songs.
(Other examples: give me a break, 15 minutes of quiet, limit noise and dim lights in room.)

These are just a few of my favorite things: my computer, clock, Dora Explorer Doll and the Disney Channel.