

Water Safety

There's a lot of life
in this jacket.



 The Children's Hospital of Philadelphia®
Hope lives here.®

Children drown in silence.

Drowning is one of the most common causes of death in children ages 1 to 14, and children usually don't attract attention when they're in danger in the water.

Teach children these water safety rules:

- Learn to swim.
- Always swim with a buddy.
- Make sure there is an adult present when you're swimming.
- Never push or jump on others around the water.
- Never dive into a body of water.
- Never pretend you are drowning.
- Never swim during a storm or if you can see lightning.
- Wear a properly fitted U.S. Coast Guard-approved life jacket near water.
- Stay seated in a moving boat.

For adults:

- Always watch children in any body of water, including the bathtub.
- Never get involved in another distracting activity (talking on the phone, mowing the lawn) while supervising children in the water.

Kohl's Injury Prevention Program

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For information on keeping your kids safe and upcoming family events, visit us at www.chop.edu/kohlschildsafety.