

Car Safety

Please ... keep me rear-facing!



Infants and toddlers should ride in a rear-facing child safety seat until they are 2 years old or until they reach the highest weight or height allowed by the safety seat. Rear-facing children are much safer than those who ride facing forward.

Here's why:

- Infants' spines are still developing, and their heads are large for their bodies. Rear-facing seats help protect their fragile bodies.
- The most common type of crash is when a car is hit in the front. In a frontal crash, a rear-facing child safety seat cradles and protects your child's spine, neck and head.

What about my child's legs?


- When a child is rear-facing, it may not look comfortable if her legs are touching the vehicle seat back, but kids are very flexible and find a way to be comfortable, often with their legs crossed.
- An older child's legs won't be hurt by sitting in a rear-facing safety seat. In a crash, broken legs are much more common in children who are forward-facing.

Is my child too tall for her seat?

Make sure there is at least one inch between the top of your child's head and the top of the car safety seat back.

Source: American Academy of Pediatrics

Kohl's Injury Prevention Program

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For information on keeping your kids safe and upcoming family events, visit us at www.chop.edu/kohlschildsafety.

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