

## Children's Hospital of Philadelphia Department of Clinical Nutrition

### Infant Formula Substitution List (May 2022)

During this time, we recognize during the way you traditionally purchase formulas may be impacted, or there may be a limited supply available of your preferred brand. Our team of expert Registered Dietitians has created a formula substitution list for families and providers to consider when deciding on an appropriate alternative.

Talk to your baby's healthcare provider if you have any questions about the substitutions listed or need assistance in deciding what is right for your child. If your child has an underlying health condition, it is important to discuss any formula change with the healthcare provider before making a change first. Detailed product information can be found on the manufacturer's website (see the links below).

Please be advised that the following is intended only to provide general information and may need to be adapted for each specific child based on the professional judgment of that child's healthcare provider, consideration of any unique circumstances, the needs of each child and their family, and other factors. The following is not intended to constitute medical advice or treatment, nor should it be relied upon as such. It is also not intended to create a doctor-patient relationship between The Children's Hospital of Philadelphia ("CHOP") and you or your child.

CHOP, The Children's Hospital of Philadelphia Foundation and its or their affiliates, the authors, practitioners, and others associated with the creation of this document are not responsible for any outcomes you or your child might experience arising out of or relating to the use of any of the below information. CHOP makes no warranty, expressed or implied, with respect to the effectiveness, currency, completeness, applicability or accuracy of the below information or the information found on the manufacturers' websites. The Terms of Use and Privacy Policy set forth on CHOP's website (CHOP.edu) apply to any and all uses of and access to this site/document and the content found here.

**Important: Some formulas may have different mixing instructions. Please read the mixing instructions on the back of the product label, and only use the scoop provided inside the formula can.**

Formula Category	Interchangeable Formulas	Notes																		
<b>Standard Infant (milk-based)</b>	<p style="text-align: center;">           Enfamil Infant            Gerber Good Start Gentle            Happy Baby by Happy Family            Pure Bliss by Similac Infant            Similac Advance         </p> <p><u>Comparable Store Brands:</u></p> <table border="0"> <tr> <td>ALDI</td> <td>Little Journey Infant</td> </tr> <tr> <td>Amazon</td> <td>Mama Bear Infant</td> </tr> <tr> <td>CVS</td> <td>CVS Health Infant</td> </tr> <tr> <td>Kroger</td> <td>Comforts Infant</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboo s Infant</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Infant</td> </tr> <tr> <td>Sam’s Club</td> <td>Member’s Mark Infant</td> </tr> <tr> <td>Walgreens</td> <td>Well Beginnings Infant</td> </tr> <tr> <td>Walmart</td> <td>Parent’s Choice Infant</td> </tr> </table>	ALDI	Little Journey Infant	Amazon	Mama Bear Infant	CVS	CVS Health Infant	Kroger	Comforts Infant	Rite Aid	Tugaboo s Infant	Target	Up&Up Infant	Sam’s Club	Member’s Mark Infant	Walgreens	Well Beginnings Infant	Walmart	Parent’s Choice Infant	<p>Products in this category can be substituted based on product availability.</p> <p><b>Tips:</b></p> <ol style="list-style-type: none"> <li>1. Try to first find alternative within small section your baby’s usual formula is in.</li> </ol> <p>Example: If your child is on Similac Advance and is not available, look for Gerber Good Start Gentle, Enfamil Infant, Pure Bliss, Happy Baby or store brand.</p>
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<p style="text-align: center;">           Enfamil NeuroPro Infant            Gerber Good Start GentlePro            Similac Pro-Advance         </p> <p><u>Comparable Store Brands:</u></p> <table border="0"> <tr> <td>Amazon</td> <td>Mama Bear Advantage Mama Bear Tender</td> </tr> <tr> <td>CVS</td> <td>CVS Health Advantage CVS Health Tender</td> </tr> <tr> <td>Costco</td> <td>Kirkland ProCare</td> </tr> <tr> <td>Kroger</td> <td>Comforts Advantage Comforts Tender</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboos Advantage Tugaboos Tender</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Advantage Up&amp;Up Tender</td> </tr> <tr> <td>Sam’s Club</td> <td>Member’s Mark Advantage Member’s Mark Tender</td> </tr> <tr> <td>Walgreen’s</td> <td>Well Beginnings Advantage Well Beginnings Tender</td> </tr> </table>	Amazon	Mama Bear Advantage Mama Bear Tender	CVS	CVS Health Advantage CVS Health Tender	Costco	Kirkland ProCare	Kroger	Comforts Advantage Comforts Tender	Rite Aid	Tugaboos Advantage Tugaboos Tender	Target	Up&Up Advantage Up&Up Tender	Sam’s Club	Member’s Mark Advantage Member’s Mark Tender	Walgreen’s	Well Beginnings Advantage Well Beginnings Tender	<ol style="list-style-type: none"> <li>2. If you cannot find any substitutes in that section, consider trying the second section in this category.</li> <li>3. These standard/milk-based formulas can also be interchanged with the Organic category based on family preference.</li> </ol> <p>Mixing instructions vary from formula to formula.</p> <p>Please see package or manufacturer website for mixing instructions (links below).</p>			
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<b>Organic</b>	<p>Burt's Bees Organic Earth's Best Organic Enfamil Simply Organic Similac Organic</p> <p><u>Comparable Store Brands:</u></p> <table> <tr> <td>Amazon</td> <td>Mama Bear Organic</td> </tr> <tr> <td>CVS</td> <td>CVS Health Organic</td> </tr> <tr> <td>Kroger</td> <td>Comforts Organic</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboos Organic</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Organic</td> </tr> <tr> <td>Sam's Club</td> <td>Member's Mark Organic</td> </tr> <tr> <td>Walgreens</td> <td>Well Beginnings Organic</td> </tr> <tr> <td>Walmart</td> <td>Parent's Choice Organic</td> </tr> </table>	Amazon	Mama Bear Organic	CVS	CVS Health Organic	Kroger	Comforts Organic	Rite Aid	Tugaboos Organic	Target	Up&Up Organic	Sam's Club	Member's Mark Organic	Walgreens	Well Beginnings Organic	Walmart	Parent's Choice Organic	<p><b>Tips:</b> If you are unable to find any organic formula, you can use products in the above Standard Infant (milk-based) category based on family preference/decision.</p> <p>Mixing instructions vary from formula to formula.</p> <p>Please see package or manufacturer website for mixing instructions (links below).</p>		
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<b>Gentle or Sensitive</b>	<p>Enfamil Enspire Enfamil Enspire Gentlelease Enfamil Gentlelease Enfamil NeuroPro Gentlelease Gerber Good Start GentlePro Supreme Happy Baby Stage 1 Sensitive</p> <p><u>Comparable Store Brands:</u></p> <table> <tr> <td>ALDI</td> <td>Little Journey Gentle</td> </tr> <tr> <td>Amazon</td> <td>Mama Bear Gentle</td> </tr> <tr> <td>CVS</td> <td>CVS Health Gentle</td> </tr> <tr> <td>Kroger</td> <td>Comforts Gentle</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboos Gentle</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Gentle</td> </tr> <tr> <td>Sam's Club</td> <td>Member's Mark Gentle</td> </tr> <tr> <td>Walgreens</td> <td>Well Beginnings Gentle</td> </tr> <tr> <td>Walmart</td> <td>Parent's Choice Gentle</td> </tr> </table> <p>Burt's Bees Organic Sensitive Burt's Bees Organic Ultra Sensitive Enfamil NeuroPro Sensitive</p>	ALDI	Little Journey Gentle	Amazon	Mama Bear Gentle	CVS	CVS Health Gentle	Kroger	Comforts Gentle	Rite Aid	Tugaboos Gentle	Target	Up&Up Gentle	Sam's Club	Member's Mark Gentle	Walgreens	Well Beginnings Gentle	Walmart	Parent's Choice Gentle	<p>Products in this category can be substituted based on product availability.</p> <p><b>Tips:</b> 1. Try to first find alternative within small section your baby's usual formula is in.</p> <p>Example: If your baby is on Enfamil Gentlelease and is not available, first look for other alternatives in this section (Enfamil NeuroPro Gentlelease, Enfamil Enspire, etc).</p> <p>2. If you cannot find any substitutes in that section, consider trying</p>
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	<p>Gerber Good Start SoothePro                  Similac Pro-Sensitive                  Similac Sensitive                  Similac 360 Total Care Sensitive</p> <p><u>Comparable Store Brands:</u></p> <table border="0"> <tr> <td>ALDI</td> <td>Little Journey Sensitive</td> </tr> <tr> <td>Amazon</td> <td>Mama Bear Sensitive</td> </tr> <tr> <td>CVS</td> <td>CVS Health Sensitive</td> </tr> <tr> <td>Kroger</td> <td>Comforts Sensitive</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboos Sensitive</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Sensitive</td> </tr> <tr> <td>Sam’s Club</td> <td>Member’s Mark Sensitive</td> </tr> <tr> <td>Walgreens</td> <td>Well Beginnings Sensitive</td> </tr> <tr> <td>Walmart</td> <td>Parent’s Choice Sensitive</td> </tr> </table> <p>Similac Pro-Total Comfort                  Similac Total Comfort</p> <p><u>Comparable Store Brands:</u></p> <table border="0"> <tr> <td>Amazon</td> <td>Mama Bear Complete Comfort</td> </tr> <tr> <td>CVS</td> <td>CVS Health Complete Comfort</td> </tr> <tr> <td>Kroger</td> <td>Comforts Complete Comfort</td> </tr> <tr> <td>Rite Aid</td> <td>Tugaboos Complete Comfort</td> </tr> <tr> <td>Target</td> <td>Up&amp;Up Complete Comfort</td> </tr> <tr> <td>Sam’s Club</td> <td>Member’s Mark Complete Comfort</td> </tr> <tr> <td>Walgreens</td> <td>Well Beginnings Complete Comfort</td> </tr> <tr> <td>Walmart</td> <td>Parent’s Choice Complete Comfort</td> </tr> </table>	ALDI	Little Journey Sensitive	Amazon	Mama Bear Sensitive	CVS	CVS Health Sensitive	Kroger	Comforts Sensitive	Rite Aid	Tugaboos Sensitive	Target	Up&Up Sensitive	Sam’s Club	Member’s Mark Sensitive	Walgreens	Well Beginnings Sensitive	Walmart	Parent’s Choice Sensitive	Amazon	Mama Bear Complete Comfort	CVS	CVS Health Complete Comfort	Kroger	Comforts Complete Comfort	Rite Aid	Tugaboos Complete Comfort	Target	Up&Up Complete Comfort	Sam’s Club	Member’s Mark Complete Comfort	Walgreens	Well Beginnings Complete Comfort	Walmart	Parent’s Choice Complete Comfort	<p>other sections in this category.</p> <p>Mixing instructions vary from formula to formula.</p> <p>Please see package or manufacturer website for mixing instructions (links below).</p>
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<b>Hydrolyzed/ Hypoallergenic</b>	Gerber Good Start Extensive HA Nutramigen (Liquids) Nutramigen with Enflora LGG Pregestimil Similac Alimentum		Mixing instructions vary from formula to formula.  Please see package or manufacturer website for mixing instructions (links below).
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<b>Elemental</b>	Alfamino Infant Elecare Infant Neocate Infant DHA/ARA Neocate Syneo Infant PurAmino Infant		Mixing instructions vary from formula to formula.  Please see package or manufacturer website for mixing instructions (links below).
<b>Discharge Pre-Term</b>	Enfamil NeuroPro EnfaCare Infant Similac NeoSure		Mixing instructions vary from formula to formula.  Please see package or manufacturer website for mixing instructions (links below).
<b>Spit Up Specific</b>	Enfamil A.R. Similac Spit Up		Mixing instructions vary from formula to formula.  Please see package or manufacturer website for mixing instructions (links below).
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	Target	Up&Up Added Rice Starch	
	Sam's Club	Member's Mark Added Rice Starch	
	Walgreens	Well Beginnings Added Rice Starch	
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**Additional Formula Information:**

**Enfamil products:** <https://www.enfamil.com/shop>

**Gerber products:** <https://www.gerber.com/shop-by-product/formula>

**Nutricia products:** <https://www.nutricia.com/products.html>

**Similac products:** <https://similac.com/baby-formula>

**Store brands:** <https://www.storebrandformula.com/>