KETONE RULES: CHECK, INJECT, DRINK

CHECK blood sugar and ketones every 2 hours.

INJECT fast-acting insulin every 2 hours.

- Use correction dose if on basal/bolus insulin.
- Use ketone dose ____ units if you don't have a correction dose.

DRINK your age in ounces of fluid each hour.

- If blood sugar is more than 240 mg/dL, drink water.
- If blood sugar is less than 240 mg/dL, drink juice.

PUMPERS

When blood sugars are high with ketones,

CHANGE INFUSION

SET and give insulin by injection

NOT THE PUMP!

This cycle of CHECK, INJECT and DRINK continues until urine is clear of ketones.

