



SPORTS

CARDIOLOGY

CLINIC

Providing individualized
care for athletes with
cardiovascular disease

For children and teens with acquired or congenital heart conditions, who participate — or want to participate — in sports, the Sports Cardiology Clinic at Children's Hospital of Philadelphia (CHOP) provides personalized care, recommendations and resources to promote safe and effective exercise.



WHO WE TREAT

In partnership with Penn Sports Cardiology and Fitness Program, our team treats athletes in middle school, high school and college, with suspected or known cardiovascular conditions, including children and teens who:

- Have cardiac disease and wish to safely participate in athletics
- Have persistent exercise-induced cardiac symptoms and are referred by another provider
- Have a known or suspected cardiac disease and are looking for a safe and fun way to become active and healthy

WHAT WE OFFER

Our multidisciplinary team includes cardiologists specializing in congenital heart disease, cardiomyopathy, electrophysiology, advanced cardiac imaging, exercise physiology and cardiac nutrition. Our Cardiovascular Exercise Physiology Laboratory is the largest of its kind in the country. We work together with primary cardiologists and family members to identify exercise-related goals and increase motivation to meet those goals through safe and effective exercise programs and activities. Our services include:

- Individualized risk assessment
- Exercise recommendations
- Nutritional support
- Wearable devices for integration with mobile health platforms
- Collaboration with school athletic programs

REQUEST A REFERRAL

If you are interested in an appointment at CHOP's Sports Cardiology Clinic, please ask your cardiologist to make a referral.

Learn more at

WWW.CHOP.EDU/SPORTS-CARDIOLOGY-CLINIC