

PREVENTIVE

CARDIOVASCULAR

PROGRAM

IDENTIFYING AND TREATING
PATIENTS AT RISK FOR EARLY
CARDIOVASCULAR DISEASE



Some children and adolescents are at increased risk of developing cardiovascular disease such as heart attack and stroke in adulthood. The Cardiovascular Risk Assessment Clinic at Children's Hospital of Philadelphia (CHOP) helps identify, monitor and treat these children. We work closely with primary care physicians and families to personalize care and ensure the best outcomes possible.

WHO WE TREAT

There are many risk factors and medical conditions in childhood that may lead to early-onset cardiovascular disease, including, but not limited to:

- High cholesterol
- High blood pressure
- Family history of early onset heart attack or stroke
- Severe obesity
- Chronic health conditions such as diabetes and sickle cell disease
- Congenital or acquired heart disease
- Solid organ transplant
- Extreme prematurity
- Rheumatologic conditions

WHAT WE OFFER

CHOP's Cardiovascular Risk Assessment Clinic provides comprehensive, patient-centered care with services tailored to a patient's unique needs. We offer:

- Ambulatory blood pressure monitoring
- Noninvasive cardiovascular testing (EKG, echocardiogram, vascular assessment, exercise test)
- Lab work (cholesterol, blood sugar, liver function testing)
- Personalized nutrition and physical activity planning with ongoing follow-up

PARTNER WITH US

For questions or more information:

215-590-2200

chop.edu/CVRA

