

FONTAN

FORWARD

PROGRAM

NEW PROGRAM FOR YOUR  
SINGLE VENTRICLE SURVIVORS



Children's Hospital  
of Philadelphia®

Cardiac Center

As many more patients with single ventricle heart defects live into adolescence and adulthood, we've learned the Fontan circulation has long-term effects on many organ systems — including the liver, airway, GI tract, lymphatic system, immune cells, bones and kidneys — and can impact a child's growth, development and mental health.

Since 2011, the Single Ventricle Survivorship Clinic at Children's Hospital of Philadelphia has partnered with referring clinicians and patient families to provide breakthrough care to more than 500 children, adolescents and young adults with Fontan circulation. Now, we are leveraging our extensive experience to add more robust services for patients through our new **Fontan Rehabilitation, Wellness, Activity and Resilience Development (FORWARD) Program**.

### **PARTNER WITH US**

To make a referral or request a second opinion, contact us at **267-426-3057** or [CHOPCardiacReferral@email.chop.edu](mailto:CHOPCardiacReferral@email.chop.edu).

To learn more, visit [chop.edu/forward](http://chop.edu/forward).

### **What the FORWARD Program offers:**

- Access to clinicians from cardiology, hepatology, immunology, endocrinology, lymphatics, and many other specialties — all of whom focus on patients with the Fontan circulation.
- Consultations with exercise, nutrition, social work and mental health specialists.
- Coordination of care and promotion of wellness for Fontan survivors by a multidisciplinary team of experts.
- Evaluation and management of specific complications, such as protein-losing enteropathy, plastic bronchitis, hemoptysis, liver pathology and failing Fontan circulation.
- Breakthroughs that improve the quality of life for our patients and families.

