

INFORMATION FOR PROVIDERS

Rules of Two™

When does your patient need more than a rescue bronchodilator?

- Does he/she take his/her quick relief inhaler more than **2 times a week**?
- Does he/she awaken at night with asthma more than **2 times per month**?
- Does he/she refill his/her quick relief inhaler more than **two times a year**?

If the answer to any of these questions is yes, a controller anti-inflammatory medication may be needed.

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