

ORAL STEROIDS



Other names: Prednisolone
Prelone
Orapred

Types of medicine: Strong anti-inflammatory

Why you need it: It reduces swelling and mucus in the airways

How it is given: Liquid
Pills

Side effects: Nausea/Vomiting
Puffiness
Increased Appetite
Weight gain

Tips for Taking

1. Even if you feel better take all of the medication
2. The liquid may taste better if followed by chocolate syrup, applesauce or juice.
3. Medication may cause stomach upset.

**Please discuss any questions
about this medicine with
your doctor or nurse.**

Community Asthma Prevention Program of Philadelphia
CAPP materials provide educational information to help individuals and families. You should not rely on this information as professional medical advice or to replace any relationship with your physician or healthcare provider.
©The Children's Hospital of Philadelphia 2007. Not to be altered, copied or distributed without permission. All rights reserved.