

ALBUTEROL



Other names: Ventolin, Proventil

Type of Medicine: Bronchodilator – relaxes muscles around the airways
Quick relief or rescue medication

Why you need it: For coughing or wheezing. To open up the airways.

How it is given: Inhaler (puffer)
Nebulized mist
Liquid
Pills

Side effects: Nervousness
Fast heart beat
Hyperactivity
Nausea/Vomiting

Tips for Taking

1. Shake inhaler canister before use
2. Keep track of puffs used
3. Wait one minute between puffs
4. Use only when you are having problems with coughing or wheezing

**If you need to use your albuterol more than twice a week
your asthma is NOT under control!**

Please discuss with your doctor or nurse!