



Asthma Knowledge Quiz

Name _____

For each question, circle the one best answer:

1. Asthma is a disease of:
 - a. The lungs
 - b. The throat
 - c. The tonsils

2. Coughing, wheezing, and throwing up are important:
 - a. Side effects of asthma medicine
 - b. Asthma triggers
 - c. Asthma warning signs

3. Dust, cigarette smoke, and mildew are examples of:
 - a. Side effects from quick-relief medicines
 - b. Particles found in inhalers
 - c. Triggers that start asthma attacks

4. The spacer is used with an inhaler:
 - a. To keep the inhaler clean
 - b. To prevent the inhaler from getting lost
 - c. To make using the inhaler easier and more efficient

5. If your child needs to take quick-relief medicine every day to stop asthma attacks, then you should:
 - a. Keep giving the quick-relief medicine only
 - b. Call your doctor and ask for a long-term control medicine
 - c. Keep your child at home until the asthma attacks stop

6. Inhaled steroids (like Flovent and Azmacort) and leukotriene modifiers (like Singulair) are types of:
 - a. Spacers
 - b. Quick-relief medicine
 - c. Long-term control medicines that prevent asthma attacks

7. The most important room in your house that should be “safe” from triggers for your child with asthma is:
 - a. The room where your child sleeps

CAPP
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Date: ____/____/____

Participant ID: _____

D.O.B.: ____/____/____

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- b. The room where your child bathes
 - c. The room where your child eats
8. Which of the following household chores would you most likely give your child with asthma to do?
- a. Sweeping the floors
 - b. Dusting the furniture
 - c. Taking out the trash
9. What is the best thing to do when there is a problem among family members because of asthma?
- a. Talk with everyone and decide what to do
 - b. Put up with the problem
 - c. Find out who is causing the problem
10. Which of the following symptoms indicates that your child with asthma should stay home from school?
- a. A sore throat
 - b. A stuffy nose, but no wheezing
 - c. Wheezing or coughing that doesn't go away after giving medicine
11. Which of the following is a good way to prevent asthma attacks in the home?
- a. Stop smoking in the house
 - b. Spray the home for roaches
 - c. Hang lots of plants in the home
12. The best way to insure that your child gets the right amount of asthma medicine is to:
- a. Take preventative medicine when an asthma attack starts
 - b. Take quick relief medicine every day
 - c. Follow your child's medicine plan every day
13. If your child makes a mistake when taking his or her medicine, you should:
- a. Make your child practice over and over until her or she makes no mistakes
 - b. Praise your child for trying, and show him or her how to do it correctly
 - c. Scold your child for being careless and wasting medicine

Please use the space below to write down any comments or suggestions you may have:

