

BE SAFE:

Dispose of Unused Medicines

Keep your family safe by cleaning out your medicines.
Has a bottle expired? No longer being used? It's time to toss.



Use this checklist to stay on track!

What You Should Be Checking:

- Prescription medicines
- Non-prescription medicines
- Vitamins
- Supplements

Check your entire home, including:

- Bathrooms
- Bedrooms
- Purses, backpacks and diaper bags
- Kitchens
- Closets

For safe disposal options, see reverse. >

Questions? Call the Poison Control Center at CHOP at **800-222-1222**. We are available 24/7 to help you.



SAFE DISPOSAL OPTIONS

Drug Take-Back



CHOP's Drug Take-Back Bins

Find them at our hospitals:

- Beside the Outpatient Pharmacy on the Philadelphia campus
- Next to the Welcome Desk at the Middleman Family Pavilion in King of Prussia



Other Drug Take-Back Sites

You can find other drug take-back locations at **DEAdiversion.usdoj.gov**. Remember you can always call CHOP's Poison Control Center at **800-222-1222** for help finding a take-back bin, or with any medicine safety question.



Need an At-Home Option?

Try this three-step option for home disposal:

1. Mix the medicine in with something you wouldn't want to eat, like coffee grounds, used tea or kitty litter.
2. Put the mixture in a container and seal it.
An empty margarine tub works great. Get creative!
3. Throw it away. Easy and safe!

